

## Other Support

### Flexible Learning Centre

Mrs Edworthy manages the flexible learning centre and provides support to students who find working in mainstream classrooms difficult.

Email: EdworthyB@uffculmeschool.net

### Learning Support

Our Learning Support Team provide support for pupils with sensory and physical disabilities, learning difficulties, dyslexia and other special needs.

Email: HawkinsL@uffculmeschool.net

### School Nurse

Sandra Williamson.  
07854563122

### Online and Phone support



Childline has a free helpline where you can talk to someone in confidence at any time of the day or night.

[www.childline.org.uk](http://www.childline.org.uk)



Kooth.com offers free online support for young people including online counselling.

[www.kooth.com](http://www.kooth.com)

Both websites have lots of information and advice for young people.

Helping students to achieve their personal best.

## Uffculme School Promise

*The Uffculme Promise*

*We want to be a school where:  
New experiences and opportunities  
are shared and memories are  
created.*

*Young people have high self-esteem  
and confidence in their abilities.*

*Lively and enquiring minds are  
inspired to develop and achieve.*

*Everyone is included and everyone  
matters.*

*Success is recognised and celebrated.*

**It's cool to succeed.**



Uffculme School

Phone: 01884 840458

[www.uffculmeschool.net](http://www.uffculmeschool.net)



Looking out for our students



UFFCULME SCHOOL

# Student Welfare Services



Tel: 01884 842919



## Student Welfare Officer

Sometimes things get in the way of you achieving what you want to achieve. This can make you, feel stressed, worried, anxious, scared, sad or angry.

Our Student Welfare Officer is Mrs Balado. The Student Welfare Room is located in the centre of our school. It is opposite 'P' block and 2 doors down from the 'staff only' entrance to the library. Mrs Balado is here to provide additional emotional and behaviour support for some of our young people who are struggling with emotional issues or at risk of exclusion.

If you wish to see Mrs Balado you can speak to your tutor, head of year or Mr Lepper. They will talk to you about your problem and work out if a referral to Mrs Balado is suitable for you. You can also contact Mrs Balado directly by email or leaving a note in the post box in the waiting area of the Student Welfare Room.

Baladok@uffculmeschool.net

Shining the light on the right path.

## How is support provided?

Support is tailored to individual needs and is aimed at helping you to identify your own solutions.

Support is provided either one to one, or in small groups, and can include the following:

- ⇒ Listening and helping you identify what might help.
- ⇒ Helping you to manage your strong emotions (for example worry, stress or anger).
- ⇒ Relaxation techniques.
- ⇒ Referring to other support agencies such as bereavement counselling.

Mrs Balado is

\*\*\* a listening ear \*\*\*  
 \*\*\* someone you can talk to \*\*\*  
 \*\*\* someone whose main job is to help look after the welfare of our students \*\*\*



Listening Ear



## Drop In

**Monday Lunchtime in the Flexible Learning Centre.**

This is a support service for our young people and a chance to learn about issues that affect your well being. Some of the things we have supported young people with are issues like bullying, relationships, drugs, healthy eating, getting healthy, staying healthy, work, families and much, much more.

You can talk privately with any of the team or you can simply come and join in as part of a group.

The team are Sandra Williamson. And Emma Trebble



Here to help

Karina Balado  
Student Welfare Officer  
Uffculme School

Phone: 01884 840458 ext 219  
Phone: 01884 842919 (direct)

E-mail: BaladoK@uffculmeschool.net